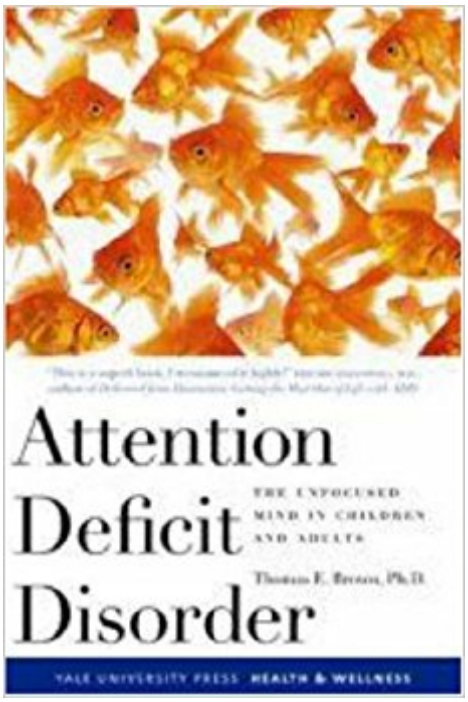
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Attention Deficit Disorder: The Unfocused Mind In Children And Adults (Yale University Press Health & Wellness)



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Synopsis

A leading expert in the assessment and treatment of Attention Deficit Disorder/Attention Deficit/Hyperactivity Disorder dispels myths and offers reassuring, practical information about treatments. Drawing on recent findings in neuroscience and a rich variety of case studies from his own clinical practive, Dr. Thomas E. Brown describes what ADD syndrome is, how it can be recognized at different ages, and how it can best be treated.This is the first book to address the perplexing question about ADD: how can individuals, some very bright, be chronically unable to Ã¢â ¬Å“pay attention,Ã¢â ¬Â• yet be able to focus very well on specific tasks that strongly interest them? Dr. Brown disputes the Ã¢â ¬Å“willpowerÃ¢â ¬Â• explanation and explains how inherited malfunctions of the brainÃ¢â ¬â„¢s management system prevent some people from being able to deal adequately with challenging tasks of childhood, adolescence, and adulthood. His book is an authoritative and practical guide for physicians and psychologists, parents and teachers, and the 7 to 9 percent of persons who suffer from ADD/ADHD.

Book Information

Series: Yale University Press Health & Wellness
Paperback: 384 pages
Publisher: Yale University Press; New edition edition (October 2006)
Language: English
ISBN-10: 0300119895
ISBN-13: 978-0300119893
Product Dimensions: 0.2 x 6.2 x 9.2 inches
Shipping Weight: 1.2 pounds (View shipping rates and policies)
Average Customer Review: 4.5 out of 5 stars 46 customer reviews
Best Sellers Rank: #134,826 in Books (See Top 100 in Books) #43 inÃ Â Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #96 inÃ Â Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders #177 inÃ Â Books > Parenting & Relationships > Special Needs > Disabilities

Customer Reviews

"A long-awaited, comprehensive book on ADHD that goes beyond mere clinical descriptions and background basic science to integrate the latest clinical, neurobiological and neuro-imaging findings in a manner which is both fascinating and persuasive. . . . This is an essential book on ADHD. It encompasses a broader definition of the disorder with an emphasis on cognitive, emotional and

relational difficulties alongside the classic attention/hyperactivity symptoms."Ã¢â ¬â •Dimitrios Paschos, International Journal of Environmental Studies "BrownÃ¢â ¬â„¢s view [that AD/HD 'occurs along a continuum of severity'] rings true to many mental-health professionals. It certainly does to me. And IÃ¢â ¬â„¢m sure it will ring true to parents who have been told that their childÃ¢â ¬â„¢s 'significant symptoms of AD/HD' donÃ¢â ¬â„¢t quite meet the official criteria for a diagnosis of AD/HD. . . . Thanks to the clinical vignettes that complement BrownÃ¢â ¬â„¢s explanations, this intelligent book does a better job of explaining AD/HD than any book in recent memory. ItÃ¢â ¬â„¢s a must-read for anyone with an interest in AD/HD, whether of a personal or professional nature."Ã¢â ¬â •Kathleen Nadeau, ADDitude Magazine "His book is an authoritative and practical guide for physicians and psychologists, parents and teachers, and the 7 to 9 percent of persons who suffer from ADD/ADHD."Ã¢â ¬â •Adolescence "Brown's book is thorough and compassionate. Consider it essential reading if you are concerned about a child or an adult who may be struggling with this syndrome."Ã¢â ¬â •Mary Beth Regan, Baltimore Sun "An excellent account. . . . He delineates clearly how the syndrome evolved into a psychiatric disorder. . . . His explanation of how research in neuroscience, psychiatry, and psychology links to ADD is extremely interesting. . . . This book should be in all health care providersÃ¢â ¬â„¢ libraries. Highly recommended."Ã¢â ¬â •Choice "Although many write of executive functions in rather general terms . . . Brown provides a very clear structure for defining and understanding this complex set of brain functions that are often impaired in those with ADHD. . . . Although there has been a growing consensus that current diagnostic criteria are more appropriate for children than for adults, Brown is one of the first to clearly outline developmental differences in ADHD symptoms. . . . Brown's book . . . proceeds to challenge nearly every current DSM-IV diagnostic criterion for ADHD. . . . Here's hoping that the DSM-V committee pays close attention to Brown's reformulation of ADHD."Ã¢â ¬â •Journal of Attention Disorders "Brown successfully strikes a serious blow against the skepticism and ignorance promoted by the popular media in highlighting the complex nature of the disorder and its devastating impact on individuals, families, educational institutions, and the like. Every parent, teacher, or spouse of an ADD child or adult would be well served to have this book in his or her library."Ã¢â ¬â •Francine Conway, PsyCRITIQUES "This book is a valuable resource for people who struggle with attention and concentration, as it not only describes ADD and ADHD but also offers suggestions for getting help."Ã¢â ¬â •Science News ". . . Separates myth from reality in a thorough account of the biology and treatment of ADD."Ã¢â ¬â •Yale Alumni Magazine "Dr. Brown, who has treated sufferers ofÃ Â attention deficit disorder for more than 20 years, separates myth from reality in a thorough account of the biology and treatment of ADD."Ã¢â ¬â •Yale Alumni

Magazine "In his provocative new book, psychologist Thomas E. Brown, Ph.D., suggests a novel way of looking at attention-deficit disorder and explains the neurological underpinnings of its symptoms."Ã¢â ¬â •ADDitudeÃ Â Magazine "A compelling text that presents a clear explanation of current knowledge and best practice while proposing an innovative perspective on this complex disorder. . . . Because of its new ideas and helpful suggestions on evaluation and treatment, this book would be an excellent addition to the library of researchers and clinicians interested in fresh perspectives on AD/HD. Laypeople who have ongoing interest in AD/HD would also find this book informative and enjoyable."Ã¢â ¬â •ATTENTION! Magazine "In accessible terms, Brown explains the neurobiology that underlies ADHD and describes the scientific research in both neuropsychology and neuroradiology that contributes to our present understanding of ADHD. . . . I would ask the families, young people, medical residents, and students with whom I work in my clinic to read this book. I would likewise invite teachers, social workers, and others who want to learn more about this condition to read it. Those who work with people with ADHD will hear about the nature of the disorder in the true voices of patients themselvesÃ¢â ¬â •and about the potentially severe consequences associated with the mismanagement of the condition."Ã¢â ¬â •Marsha D. Rappley, New England Journal of Medicine "This is an excellent book. . . . It is current, thorough, comprehensive and highly informative. It can be read not only by professionals with an interest in the area, but also by lay individuals with sufficient sophistication to read such a book with advantage. It is written in a straightforward style with little omission. This could be used as a companion or supplemental text in an advanced undergraduate or graduate course in psychopathology. Any course focusing on ADD would want to add this book to its reading list. . . . Any reader of this Journal who sees children or adolescents with ADD or ADHD will want to own or borrow it. The price . . . is remarkably reasonable, making this book easy to acquire."Ã¢â ¬â •Howard A. Paul, Child and Family Behavior TherapyÃ Â "Attention Deficit Disorder: The Unfocused Mind in Children and AdultsÃ Â is a resource that provides a fresh perspective on understanding ADHD. Brown's discussions of his views regarding cognition and executive function in ADHD, along with his recommendations pertaining to adult ADHD criteria, set the stage for not only a better understanding of the disorder but for future work as well."Ã¢â ¬â •Vishal Madaan and Christopher Kratochvil, Journal of the American Academy of Child and Adolescent Psychiatry "Tom Brown has lived and breathedÃ¢â ¬â •and researched and ponderedÃ¢â ¬â •ADD for years, so it comes as no surprise that his new book is both reliable and innovative; tested and testing; authoritative and ground-breaking. This is a superb book. I recommend it highly!"Ã¢â ¬â •Edward Hallowell, M.D., author of Delivered from Distraction: Getting

the Most Out of Life with ADD "Authoritative and ground-breaking.Ã Â This is a superb book.Ã Â I recommend it highly!"Ã¢â ¬â •Edward Hallowell, M.D., author of Delivered from Distraction: Getting the Most Out of Life with ADD (approved edit) "Dr. Brown has written an attractive and accessible account of the way that some findings from psychological science can be applied to understanding ADHD and its impact. People struggling with problems of organising themselves and concentrating will find much here to help them know and overcome their difficulties."Ã¢â ¬â •Professor Eric Taylor, Institute of Psychiatry, King's College London "While rooted in science, this book goes far beyond the typical clinical explanations to get to the heart of the matter: living with AD/HD. Real people living with AD/HD will understand and embrace Dr. BrownÃ¢â ¬â„¢s 'AD/HD Syndrome' and identify themselves and their loved ones on every page."Ã¢â ¬â •Evelyn Polk Green, Attention Deficit Disorder Association

"…a fine book, rich with clinical anecdotes that provide great insight into ADD/ADHD… and scientifically based recommendations for the management of the disorder…Well done and well worth reading." -— Russell A. Barkley, Ph.D. SUNY Upstate Medical School "… authoritative and ground-breaking. This is a superb book. I recommend it highly!" -- Edward Hallowell, M.D., author of Delivered from Distraction: Getting the Most Out of Life with ADD "Dr. Brown provides compassionate understanding and a fresh perspective on how manifestations of ADHD change across childhood, adolescence and adulthood." -- Rosemary Tannock, Ph.D., The Hospital for Sick Children & University of Toronto, Canada "A timely, practical and much needed text … a lucid discussion …exquisitely attuned to empirical fact and the unique human situation of each patient." -- JoaquÃƒÂ-n M. Fuster, M.D., Ph.D.University of California, Los Angeles author of The Prefrontal Cortex --This text refers to an out of print or unavailable edition of this title.

I just want to thank Dr. Brown for his years of research and his untiring effort to put such a technically complex and comprehensive work into words that we parents can understand. This treatment of ADD contains a lot of topics to digest, but if parents just keep reading they will be aptly rewarded by a better understanding and clearer empathy for their ADD child. Dr Brown’s treatment of the basis of ADD in the brain and his cataloging of coexisting conditions is extremely clear and valuable.

This is a great book for helping one understand the causes/symptoms of ADD/HD. Dr. Brown uses

not only his research but that of many others in formulating his conclusions. A must have for those who truly seek to understand this condition

The author offers the most comprehensive understanding of ADHD. The book is easy to read. The information is valuable to both academics and persons/families with ADHD.

Reading this book helped me put my life experiences into perspective as someone living until recently undiagnosed & untreated with ADHD. It also has provided some great insight to understanding those with ADHD better & making life easier for all.

Great job Tom, old APA friend! Annapolis Guy

The best book I've ever read about ADHD, and I've read a LOT! It was informative, easy to understand, and helpful. I recommend this book to anyone who is interested in or learning about ADHD.

Thank u

Extremely insightful, reader friendly, in depth research. Very sturdy information regarding executive functioning and how to work with the deficits.

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or Crazy?!: The Classic Self-Help Book for Adults with Attention Deficit Disorder The New Attention Deficit Disorder in Adults Workbook The Attention Deficit Disorder in Adults Workbook You Mean I'm Not Lazy, Stupid or Crazy?!: A Self-Help Book for Adults with Attention Deficit Disorder Attention-Deficit Hyperactivity Disorder in Adults Reversing Dry Eye Syndrome: Practical Ways to Improve Your Comfort, Vision, and Appearance (Yale University Press Health & Wellness) A Woman's Guide to Menopause and Perimenopause (Yale University Press Health & Wellness) When Your Child Hurts: Effective Strategies to Increase Comfort, Reduce Stress, and Break the Cycle of Chronic Pain (Yale University Press Health & Wellness) Focused: ADHD & ADD Parenting Strategies for Children with Attention Deficit Disorder Attention-Deficit Disorders and Comorbidities in Children, Adolescents, and Adults Organizing Solutions for People With Attention Deficit Disorder: Tips and Tools to Help You Take Charge of Your Life and Get Organized ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder

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